
David B. Allsop

Email: david.allsop@nau.edu; Pronouns: He/Him

Affiliations and Positions

Assistant Professor Aug 2024 – Present	Department of Psychological Sciences Northern Arizona University Flagstaff, Arizona, United States
Affiliated Faculty Mar 2026 – Present	Interdisciplinary Health Doctoral Program Northern Arizona University Flagstaff, Arizona, United States
Statistician Sep 2025 – Present	Southwest Health Engagement and Research Collaborative Center for Community Health and Engaged Research Flagstaff, Arizona, United States
Visiting Lecturer <i>Research Methods in Psychology</i> Jun 2025	Shanghai Normal University Tianhua College Shanghai, China
Doctoral Student Jul 2020 – Jul 2024	Department of Psychology and Neuroscience Dalhousie University Halifax, Nova Scotia, Canada
Adjunct Instructor <i>Abnormal Behaviour</i> Jul 2022	Department of Psychology and Neuroscience Dalhousie University Halifax, Nova Scotia, Canada
Teaching Assistant <i>Statistical Methods II</i> Sep 2021 – Dec 2021	Department of Psychology and Neuroscience Dalhousie University Halifax, Nova Scotia, Canada
Adjunct Instructor <i>Critical Inquiry and Research Methods</i> May 2021 – Aug 2021	School of Family Life Brigham Young University Provo, Utah, United States

Teaching Assistant <i>Methods in Experimental Psychology</i> Sep 2020 – Dec 2020	Department of Psychology and Neuroscience Dalhousie University Halifax, Nova Scotia, Canada
Statistician Jan 2020 – Jul 2020	College of Family, Home, and Social Sciences Brigham Young University Provo, Utah, United States
Research Assistant Apr 2016 – Jul 2020	School of Family Life Brigham Young University Provo, Utah, United States
Family Coach May – Aug 2017	Strengthening Families Program Utah Valley University Orem, Utah, United States
Research Consultant Apr – Sep 2016	Covenant Sex Therapy Orem, Utah, United States

Education

Doctor of Philosophy <i>Dalhousie University</i> Sep 2020–Jul 2024	Psychology and Neuroscience Emphasis in Experimental Psychology Advisor: <i>Natalie O. Rosen</i> Dissertation: <i>A Multi-Method Investigation of Pregnancy Loss and Sexual Well-Being in Couples</i> http://hdl.handle.net/10222/84330 Comprehensive Project 1: <i>Associations Between Daily Reports of Sexual Satisfaction, Relationship Satisfaction, and Perfectionism Among Couples in The Transition to Parenthood</i> (May, 2022). https://osf.io/uzcg8/ Comprehensive Project 2: <i>Certificate in University Teaching and Learning</i> (January, 2023). Dalhousie University Centre for Learning and Teaching.
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Master of Science

Brigham Young University
Sep 2018–Jun 2020

Marriage, Family, and Human Development

Advisor: *Chelom E. Leavitt*

Thesis: Baby on the Way, Sex Gone Away? A Dyadic Investigation of Sexual Satisfaction in Pregnancy
<https://doi.org/m6cj>

National Council on Family Relations Honors Graduate

Bachelor of Science

Brigham Young University
Sep–Dec 2012, Jun 2015–Jun 2018

Family Life

Emphasis in Family Studies
Minor: Nonprofit Management

Valedictorian, School of Family Life, August 2018

Awards and Honors

* Indicates under review; † Indicates award was won but declined

**2026 Most Promising New Research Scholar—
Finalist**

2026/3

Office of the Vice President for Research
Northern Arizona University

2026 Teacher of the Year—Nominee

2026/3

College of Social & Behavioral Sciences
Northern Arizona University

Postdoctoral Fellowship†

2024/8

\$193,500 CAD

Micheal Smith Health Research British Columbia
(declined as accepted assistant professorship)

Postdoctoral Scholarship†

2024/6

\$40,000 CAD

Guiding Interdisciplinary Research on Women's and Girls' Health and Wellbeing
(declined as accepted assistant professorship)

Izaak Walter Killam Memorial Scholar

2021/4 – 2024/8

\$90,000 CAD

Killam Trusts

Doctoral Award

2020/9 – 2024/8

\$60,000 CAD

Nova Scotia Graduate Scholarship Program

Travel Funding Award

2023/9

\$2,364 CAD

Dr. Harold B. Atlee Research Endowment

President's Doctoral Award <i>Dalhousie University</i>	2021/4 – 2023/4	\$17,290	CAD
Doctoral Award <i>Maritime SPOR SUPPORT Unit</i>	2020/9 – 2022/5	\$30,000	CAD
Ellwood Christensen Scholarship <i>Brigham Young University</i>	2019/1	\$500	USD
Endowed Leadership Scholar <i>Jack and Mary Lois Wheatley Institute</i>	2017/9 – 2018/9	\$14,404	USD
College of Family, Home, and Social Sciences Scholarship <i>Brigham Young University</i>	2017/5 – 2019/8	\$1,797	USD
Merlin W. and Edna W. Sant Scholarship <i>Brigham Young University</i>	2016/9 – 2019/9	\$13,090	USD
Academic Tuition Scholarship <i>Brigham Young University</i>	2015/9 – 2018/5	\$5,267	USD
Regents Scholarship <i>Utah System of Higher Education</i>	2012/9 – 2017/4	\$5,650	USD

Grants

*Indicates under review

Scholarship, Research, and Creative Activity Fellowship* <i>College of Social and Behavioral Sciences Northern Arizona University</i>	2026/4	\$10,000	USD
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Allsop, D. B. (PI)

Machine learning identifies the strongest predictors of sexual dysfunction among couples across time:
An international, multidisciplinary, biopsychosocial study

Atlee Endowment Fund Research Grant 2021/8 – 2022/8 \$7,500 CAD
Dalhousie University Department of Obstetrics & Gynaecology

Allsop, D. B. (PI), Rosen, N. O., Cockwell, H.
 An investigation of pregnancy loss and sexual,
 relationship, and psychological well-being in
 couples

Undergraduate Research Grant 2017/2 \$1,500 USD
Brigham Young University Office of Research and Creative Activities

Allsop, D. B. (PI), Marks, L. D.
 God, are you there? A qualitative look into the
 relationship between major depressive
 disorder and the effectiveness of religious aids

Publications

N = 38; 1454 citations; H index = 18, students (co-)supervised are underlined

1. **Allsop, D. B.**, Nesbitt-Daly, K., Péloquin, K., Cockwell, H., & Rosen, N. O. (2025). Longitudinal links between perinatal grief and sexual well-being for couples after pregnancy loss. *Journal of Family Psychology*, 39(5), 627–638. <https://doi.org/10.1037/fam0001357>
2. Hill, T. G., **Allsop, D. B.**, Bagnell, K. B., & Rosen, N. O. (2025). Love in the face of loss: Associations between self-compassion, compassionate love, and sexual and relationship satisfaction in couples experiencing a recent pregnancy loss. *Journal of Happiness Studies*, 26(3), 32. <https://doi.org/10.1007/s10902-025-00880-w>
3. Schwenck, G. C., **Allsop, D. B.**, Cohen, E., & Rosen, N. O. (2024). A thematic analysis of couples' sexual well-being following a recent pregnancy loss. *The Journal of Sex Research* 62(8), 1498–1513. <https://doi.org/10.1080/00224499.2024.2441835>
4. **Allsop, D. B.**, Péloquin, K., Cockwell, H., & Rosen, N. O. (2024). Trajectories and links between sexual well-being and grief after a recent pregnancy loss: A dyadic longitudinal study. *The Journal of Sexual Medicine*, 21(10), 940–950. <https://doi.org/10.1093/jsxmed/qdae088>
5. Wang, G. A., Belu, C. F., **Allsop, D. B.**, & Rosen, N. O. (2024). Interpersonal emotion regulation during relationship conflict: Daily and longitudinal associations with couples' sexual well-being. *Emotion*, 25(2), 397–409. <https://doi.org/10.1037/emo0001400>

6. **Allsop, D. B.,** & Rosen, N. O. (2024). Addressing the sexual difficulties of pregnancy loss for couples in clinical care and research. *The Journal of Sexual Medicine*, 21(6), 507-508. <https://doi.org/10.1093/jsxmed/qdae044>
7. **Allsop, D. B.,** Huberman, J. S., Cohen, E., Bagnell, K. B., Péloquin, K., Cockwell, H., & Rosen, N. O. (2023). What does a pregnancy loss mean for sex? Comparing sexual well-being between couples with and without a recent loss. *Archives of Sexual Behavior*, 53, 423–438. <https://doi.org/10.1007/s10508-023-02697-1>
8. Rossi, M. A., Péloquin, K., **Allsop, D. B.,** El Amiri, S., Bouzayen, R., Brassard, A., Bergeron, S., & Rosen, N. O. (2023). Sexual growth and destiny beliefs: Longitudinal associations with dyadic coping among couples considering medically assisted reproduction. *The Journal of Sexual Medicine*, 20(10), 1241–1251. <https://doi.org/10.1093/jsxmed/qdad098>
9. Chelladurai, J. M., Marks, L. D., Dollahite, D. C., Kelley, H. H., & **Allsop, D. B.** (2023). The hidden power of "thank you": Exploring aspects, expressions, and the influence of gratitude in religious families. *Psych*, 5(3), 742-756. <https://doi.org/10.3390/psych5030048>
10. **Allsop, D. B.,** Péloquin, K., Saxey, M. T., Rossi, M. A., & Rosen, N. O. (2023). Perceived financial burden is indirectly linked to sexual well-being via quality of life among couples seeking medically assisted reproduction. *Frontiers in Psychology*, 14, 1–12. <https://doi.org/10.3389/fpsyg.2023.1063268>
11. Schwenck, G. C, Dawson, S. J., **Allsop, D. B.,** & Rosen, N. O. (2022). Daily dyadic coping: Associations with postpartum sexual desire and sexual and relationship satisfaction. *Journal of Social and Personal Relationships*, 39(12), 3706–3727. <https://doi.org/10.1177/02654075221107393>
12. **Allsop, D. B.,** Impett, E. A., Vannier, S. A., & Rosen, N. O. (2022). Change in 21 sexual concerns of new parents from three to twelve months postpartum: Similarities and differences between mothers and partners. *The Journal of Sexual Medicine*, 19(9), 1366–1377. <https://doi.org/10.1016/j.jsxm.2022.06.004>
13. Huberman, J. S., **Allsop, D. B.,** & Rosen, N. O. (2022). Associations between new mothers' partner-oriented sexual values and sexual distress in the transition to parenthood. *The Journal of Sex Research*, 60(9), 1259–1268. <https://doi.org/10.1080/00224499.2022.2089969>
14. **Allsop, D. B.,** Chelladurai, J. M., Kirchner, E. R., Marks, L. D., & Hendricks, J. J. (2022). Qualitative methods with Nvivo software: A practical guide for analyzing qualitative data. *Psych*, 4(2) 124–159. <https://doi.org/10.3390/psych4020013>
15. Leavitt, C. E., **Allsop, D. B.,** Gurr, J., Fawcett, E., Boden, J., Driggs, S., & Hawkins, A.J. (2022). A Couples' Relationship education intervention comparing sexual mindfulness and trait mindfulness. *Sexual and Relationship Therapy*, 39(3), 984–996. <https://doi.org/10.1080/14681994.2021.2024802>

16. Clarke, R. W., Leavitt, C. E., **Allsop, D. B.**, Marks, L. D., & Dollahite, D. C. (2021). How sexuality and religion intersect in highly religious families: Implications for clinicians. *Sexual and Relationship Therapy*, 37(3), 342–359. <https://doi.org/10.1080/14681994.2021.2014052>
17. Busby, D. M., Leavitt, C. E., Yorgason, J. B., Richardson, S., & **Allsop, D. B.** (2021). Health, depression, and marital processes as they relate to sexual satisfaction and harmonious sexual passion: A biopsychosocial model. *Sexual and Relationship Therapy*, 39(3) 742–760. <https://doi.org/10.1080/14681994.2021.2019699>
18. Leavitt, C. E., Price, A. A., Brown, A. L., Lawlor, J. M., Eyring, J. B., & **Allsop, D. B.** (2021). Mindful parents and adolescent sexual communication and outcomes. *Journal of Child and Adolescent Behavior*, 9(6), 1–9. <https://www.omicsonline.org/open-access/mindful-parents-and-adolescent-sexual-communication-and-outcomes.pdf>
19. **Allsop, D. B.**, Price, A. A., Hanna-Walker, V., Leavitt, C. E., Milius, E. H., & Driggs, S. M. (2021). Longitudinal associations between attachment, differentiation of self, and couple sexual and relational outcomes. *Sexual and Relationship Therapy*, 39(3), 660–679. <https://doi.org/10.1080/14681994.2021.2003320>
20. Leavitt, C. E., **Allsop, D. B.**, Price, A. A., Marks, L. D. & Dollahite, D. C. (2021). Exploring gender roles in highly religious families. *Religious Research Review*, 63, 511–533. <https://doi.org/10.1007/s13644-021-00476-9>
21. **Allsop, D. B.**, Leavitt, C. E., Yorgason, J. B., & Holmes, E. K (2021). Variable sexual satisfaction in pregnancy: A latent profile analysis of pregnant wives and their husbands. *The Journal of Sex Research*, 59(2) 173–184. <https://doi.org/10.1080/00224499.2021.1970708>
22. Smedley, D. K., Leavitt, C. E., **Allsop, D. B.**, Nance, M., James, S. L., & Holmes, E. K. (2021). Mindfulness and sexual mindfulness as moderators between conflict resolution and sexual and relational satisfaction. *Journal of Sex and Marital Therapy*, 47(8), 814–828. <https://doi.org/10.1080/0092623x.2021.1958962>
23. **Allsop, D. B.**, Leavitt, C. E., Saxey, M. T., Lawlor, J. M., Yorgason, J. B., & James, S. L. (2021). How empathy moderates associations between sexual and relational satisfaction. *Journal of Sex & Marital Therapy*, 47(6), 545–557. <https://doi.org/10.1080/0092623X.2021.1922563>
24. **Allsop, D. B.**, Leavitt, C. E., Saxey, M. T., Timmons, J. E., & Carroll, J. S. (2021). Applying the developmental model of marital competence to sexual satisfaction: Associations between conflict resolution quality, forgiveness, attachment, and sexual satisfaction. *Journal of Social and Personal Relationships*, 38(4), 1216–1237. <https://doi.org/10.1177/0265407520984853>

25. **Allsop, D. B.**, Leavitt, C. E., Clarke, R. W., Driggs, S. M., Gurr, J. B., Marks, L. D., & Dollahite, D. C. (2021). Perspectives from highly religious families on boundaries and rules about sex. *Journal of Religion and Health*, 60, 1576–1599. <https://doi.org/10.1007/s10943-020-01171-9>
26. Leavitt, C. E., **Allsop, D. B.**, Clarke, R., Marks, L. D., & Dollahite, D. C. (2021). Sanctified sexual relationships in marriage: Reflections from religious wives and husbands. *Review of Religious Research*, 63(2), 161–182. <https://doi.org/10.1007/s13644-020-00440-z>
27. Eyring, J. B., Leavitt, C. E., **Allsop, D. B.**, & Clancy, T. (2020). Forgiveness and gratitude: Links between couples' mindfulness and sexual and relational satisfaction in new cisgender heterosexual marriages. *Journal of Sex & Marital Therapy*, 47(2), 147–161. <https://doi.org/10.1080/0092623X.2020.1842571>
28. **Allsop, D. B.**, Boyack, M. N., Hill, E. J., Loderup, C. L., & Timmons, J. E. (2020). When parenting pays off: Influences of parental financial socialization on children's outcomes in emerging adulthood. *Journal of Family and Economic Issues*, 42, 545–560. <https://doi.org/10.1007/s10834-020-09716-6>

Award: 2022 Best Family Financial Wellbeing Student Paper Award, NCFR Family Financial Wellbeing Focus Group
29. **Allsop, D. B.**, Wang, C.-Y., Dew, J. P., Holmes, E. K., Hill, E. J., & Leavitt, C. E. (2020). Daddy, mommy, and money: The association between parental materialism on parent–child relationship quality. *Journal of Family and Economic Issues*, 42(2), 325–334. <https://doi.org/10.1007/s10834-020-09705-9>
30. Price, A. A., Leavitt, C. E., & **Allsop, D. B.** (2020). How gender differences in emotional cutoff and reactivity influence couple's sexual and relational outcomes. *Journal of Sex & Marital Therapy*, 47(1), 16–31. <https://doi.org/10.1080/0092623X.2020.1800541>
31. Leavitt, C. E., **Allsop, D. B.**, Busby, D. M., Driggs, S. M., Johnson, H. M., & Saxey, M. T. (2020). Associations of mindfulness with adolescent outcomes and sexuality. *Journal of Adolescence*, 81, 73–86. <https://doi.org/10.1016/j.adolescence.2020.04.008>
32. Leavitt, C. E., Dew, J. P., **Allsop, D. B.**, Runyan, S. D., & Hill, E. J. (2019). Relational and sexual costs of materialism in couple relationships: An actor–partner longitudinal study. *Journal of Family and Economic Issues*, 40, 438–454. <https://doi.org/10.1007/s10834-019-09617-3>
33. Jorgensen, B. L., **Allsop, D. B.**, Runyan, S. D., Wheeler, B., Evans, D. A., & Marks, L. D. (2019). Forming financial vision: How parents prepare young adults for financial success. *Journal of Family and Economic Issues*, 40, 553–563. <https://doi.org/10.1007/s10834-019-09624-4>

34. Hill, E.J., Bryce, L.A., Loderup, C.L., Brown-Hamlett, J.L., LeBaron, A.B., & **Allsop, D. B.** (2019) Identifying extraordinary contributors to work and family research: Eight modalities of excellence. *Community, Work & Family*, 22(4), 527–544. <https://doi.org/10.1080/13668803.2019.1596881>
35. LeBaron, A. B., Holmes, E. K., Yorgason, J. B., Hill, E. J., & **Allsop, D. B.** (2018). Feminism and couple finance: Power as a mediator between financial processes and relationship outcomes. *Sex Roles*, 81, 140–156. <https://doi.org/10.1007/s11199-018-0986-5>
36. Dew, J. P., LeBaron, A. B., & **Allsop, D. B.** (2018). Can stress build relationships? Predictors of increased marital commitment resulting from the 2007–2009 recession. *Journal of Family and Economic Issues*, 39, 405–421. <https://doi.org/10.1007/s10834-018-9566-7>
37. LeBaron, A. B., **Allsop, D. B.**, Hill, E. J., Willoughby, B., & Britt-Lutter, S. L. (2017). Marriage and materialism: Actor and partner effects between materialism, importance of marriage, and marital satisfaction. *Journal of Financial Therapy*, 8(2), 1–23. <https://doi.org/10.4148/1944-9771.1145>
38. Hill, E., **Allsop, D. B.**, LeBaron, A. B., & Bean, R. A. (2017). How do money, sex, and stress influence marital instability? *Journal of Financial Therapy*, 8(1), 21–42. <https://doi.org/10.4148/1944-9771.1135>

Award: 2017 Best Family Economics Paper, National Council on Family Relations

Manuscripts in Process

Students (co-)supervised are underlined

1. **Allsop, D. B.**, Dawson, S. J., Rogowski, B., Belu, C. F., Bergeron, S., Bigras, N., Bouchard, K. N., Bóthe, B., Brassard, A., Brock, R. L., Cobb, R. J., Corsini-Munt, S., Heiman, J. R., Huberman, J. S., Impett, E. A., Lafontaine, M.-F., Muise, A., Nobre, P. J., Péloquin, K., Rehman, U. S., Rosen, N. O., Tavares, I. M., Vaillancourt-Morel, M.-P. V., & Vannier, S. A. (in process). Machine learning identifies the strongest predictors of sexual dysfunction among couples across time.
2. Shreffler, K. M., **Allsop, D. B.**, Lewis, J., & Hebensperger, A. (in process). A prospective study of change in sexual satisfaction after pregnancy loss compared to live birth among U.S. women. *Frontiers in Psychiatry*.
3. **Allsop, D. B.** & Wickham R. E. (in process). Dyadic measurement alignment: A practical guide.
4. Miller C. R. & **Allsop, D.B.** (in process). A systematic scoping review of autonomy and differentiation of self and sexual well-being.

5. Selland, C. G., Huberman, J. S., Rosen, N. O., & **Allsop, D.B.** (in process). Psychological inflexibility as a predictor of sexual satisfaction and couple conflict.
6. **Allsop, D. B.**, Dawson, S. J., MacKinnon, S. P., & Rosen, N. O. (in process; analyses complete). Associations between daily reports of perfectionism and sexual satisfaction and relationship satisfaction among couples in the transition to parenthood.

Conference Presentations

N = 92; students (co-)supervised are underlined

1. **Allsop, D. B.** & Miller C. R. (May, 2026). “*Are we too attached to attachment theory?*”: *Lessons from a systematic scoping review of autonomy, differentiation of self, and sexual well-being*. Paper to be presented at the meeting of the Society for Sex Therapy and Research, Vancouver, BC.
2. Asse, A. M., Sandvig, A. L., Smidt, E. C., Herrera-Arias, J. N., Selland, C. G., Rosen, N. O., & **Allsop, D. B.** (April, 2026). *Love me or leave me: An examination of the links between attachment behaviors and sexual satisfaction*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
3. Thompson, B. H., Scott, I., Varela, I., O’Masta, T. A., Rivas, V. D., Selland, C. G., Rosen, N. O., & **Allsop, D. B.** (April, 2026). *Love, loss, and intimacy: How attachment and commitment shape sexual meaning after pregnancy loss*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
4. Gonzales, M.Y., Loungarikis, C. L., Miller, C. M., Selland, C. G., Rosen, N.O., Huberman, J.S., & **Allsop, D. B.** (April, 2026). *The power of “me” in “we”: exploring associations between self-determination and sexual satisfaction*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
5. Miller C. R. & **Allsop, D. B.** (April, 2026). “*Are we too attached to attachment theory?*”: *Lessons from a systematic scoping review of autonomy, differentiation of self, and sexual well-being*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
6. **Allsop, D. B.** & Wickham R. E. (October, 2025). *Extending the alignment method for measurement invariance analysis to dyadic data: A pragmatic guide for sexuality and couples researchers*. Paper presented at the meeting of the Canadian Sex Research Forum, Vancouver, BC.
7. Galindo, M., Varela, I. A., Powell, M., Selland, C. G., Huberman, J. S., Rosen, N. O., & **Allsop, D. B.** (April, 2025). *Something’s gotta give: Investigating psychological inflexibility as a predictor of sexual satisfaction and couple conflict*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.

8. Wilder, A. O., Miller C. R., Aragon E. J., Selland, C. G., Rosen, N. O., & Allsop, D. B. (April, 2025). *Faith, loss, and intimacy: Examining associations between religiosity and sexual distress and sexual meaning in couples experiencing pregnancy loss*. Poster presented at the Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ.
9. **Allsop, D. B.,** Péloquin, K., Cockwell, H., & Rosen, N. O. (2024, October). *Growth trajectories and links between sexual well-being and perinatal grief after a recent pregnancy loss*. Paper presented at the meeting of the Canadian Sex Research Forum, Halifax, NS.
10. Wang, G. A., **Allsop, D. B.,** Belu, C. F., & Rosen, N. O. (2024, October). *Interpersonal emotion regulation during relationship conflict: Daily and longitudinal associations with couples' sexual well-being*. Paper presented at the meeting of the Canadian Sex Research Forum, Halifax, NS.
11. Hill, T. G., Bagnell, B., Allsop, D., & Rosen, N. O. (2024, June). *Associations between self-compassion, compassionate love, and sexual and relationship satisfaction in couples experiencing a recent pregnancy loss*. Paper presented at the meeting of the Canadian Psychological Association, Ottawa, ON.
12. **Allsop, D. B.,** Péloquin, K., Cockwell, H., & Rosen, N. O. (2024, April). *How does sexual well-being change for couples after a recent pregnancy loss?* Paper presented at the meeting of the Dalhousie University Department of Obstetrics & Gynaecology Research Day Conference, Halifax, NS.
13. **Allsop, D. B.,** Nesbitt-Daly, K., Péloquin, K., Cockwell, H., & Rosen, N. O. (2024, April). *Love and loss: Longitudinal associations between perinatal grief and sexual well-being for couples after a pregnancy loss*. Paper presented at the meeting of the Society for Sex Therapy and Research, Toronto, ON.
14. Wang, G. A., Belu, C. F., **Allsop, D. B.,** & Rosen, N. O. (2024, April). *In the mood: Daily and longitudinal associations between interpersonal emotion regulation during relationship conflict and couples' sexual well-being*. Paper presented at the meeting of the Society for Sex Therapy and Research, Toronto, ON.
15. **Allsop, D. B.,** Péloquin, K., Cockwell, H., & Rosen, N. O. (2023, November). *Higher than usual levels of perinatal grief predict poorer sexual well-being for couples after a pregnancy loss: A longitudinal study*. Paper presented at the meeting of the National Council on Family Relations, Orlando, FL.
16. Schwenck, G. C., **Allsop, D. B.,** Cohen, E., & Rosen, N. O. (2023, August). *A thematic analysis of the positive and negative changes to couples' sexual well-being following a recent pregnancy loss*. Poster presented at the Annual Meeting of the International Academy of Sex Research, Montréal, Québec.

17. **Allsop, D. B.**, Huberman, J. S., Cohen, E., Bagnell, K. B., Péloquin, K., Cockwell, H., & Rosen, N. O. (2023, May). *Sexual well-being among couples who have experienced a recent pregnancy loss and couples who have not: Differences and similarities*. Paper presented at the meeting of the Society for Sex Therapy and Research, Tampa, FL.
18. **Allsop, D. B.**, Péloquin, K., Cockwell, H., & Rosen, N. O. (2023, April). *Longitudinal associations between perinatal grief and couple sexual well-being after pregnancy loss*. Paper presented at the meeting of the Dalhousie University Department of Obstetrics & Gynaecology Research Day Conference, Halifax, NS.
19. **Allsop, D. B.**, Bagnell, K. B., Cohen, E., Cockwell, H., & Rosen, N. O. (2022, November). *A comparison of sexual well-being among couples who have experienced a recent pregnancy loss and couples who have not*. Paper presented at the meeting of the National Council on Family Relations, Minneapolis, MN.
20. **Allsop, D. B.**, Péloquin, K., Saxey, M. T., Rossi, M. A., & Rosen, N. O. (2022, October). *Perceived Financial Burden is Indirectly Linked to Sexual Well-Being via Quality of Life among Couples Seeking Medically Assisted Reproduction*. Paper presented at the meeting of the Canadian Sex Research Forum, Wareloo, ON.
21. Bagnell, K. B., **Allsop, D. B.**, & Rosen, N. O. (2022, October). *Perinatal grief as a mediator between religiosity and sexual satisfaction among couples who have experienced pregnancy loss*. Paper presented at the QATCanSTEM Colloquium 2022, Halifax, NS.
22. Rossi, M.A., Péloquin, K., **Allsop, D. B.**, El Amiri, S., Bouzayen, R., Brassard, A., Bergeron, S., Rosen, N. O. (2022, July). *Do beliefs translate to actions? Associations between sexual growth and destiny beliefs and dyadic coping among couples navigating medically assisted reproduction over one year*. Poster presented at the annual meeting of the International Academy of Sex Research, Reykjavik, Iceland.
23. Huberman, J. S., **Allsop, D. B.**, & Rosen, N. O. (2022, June). *Sexual distress among new mothers: Associations with sexual values*. Poster presented at the annual meeting of the Maritime Health Research Summit, virtual meeting.
24. **Allsop, D. B.**, Péloquin, K., Rossi, M. A., Brassard, A., Bergeron, S., Bouzayen, R., & Rosen, N. O. (2022, April). *A latent class analysis of sexual satisfaction and sexual distress among couples seeking medically assisted reproduction: Implications for clinicians*. Paper presented at the meeting of the Society for Sex Therapy and Research, Chicago, IL.
25. Schwenck, G. S., Dawson, S. J., **Allsop, D. B.**, & Rosen, N. O. (2022, April). *Daily dyadic coping in the transition to parenthood: Associations with sexual desire, sexual satisfaction, and relationship satisfaction*. Paper presented at the meeting of the Society for Sex Therapy and Research, Chicago, IL.

26. **Allsop, D. B.**, Impett, E. A., Vannier, S. A., & Rosen, N. O. (2022, April). *New parents sexual concerns from three to twelve months postpartum: Similarities and differences between mothers and partners*. Paper presented at the meeting of the Dalhousie University Department of Obstetrics & Gynaecology Research Day Conference, virtual conference.
27. Raposo, S., Vannier, S., Rosen, N. O., **Allsop, D. B.**, & Muise, A. (2022, February). *Let's make the most of it: Benefits and costs of sexual savoring, reminiscing, and anticipation for couples*. Poster presented at the meeting of the Society for Personality and Social Psychology, virtual conference.
28. Raposo, S., Vannier, S., Rosen, N. O., **Allsop, D. B.**, & Muise, A. (2021, November). *Effects of sexual savouring for couples' relationships and sex lives*. Poster presented at the Annual Harvard Women in Psychology Trends in Psychology Summit, virtual conference.
29. **Allsop, D. B.**, Shreffler, K. M., Rosen, & N. O. (2021, November). Sexual satisfaction change following pregnancy loss: A nationally representative, comparison study. In **D. B. Allsop** (Chair), *Couples and sexual/reproductive health challenges*. Paper presented at the meeting of the National Council on Family Relations, virtual conference.
30. Miller, M., Linsky, E., & Shreffler, K. M. (2021, November). The enduring impact of infertility on relationship instability. In **D. B. Allsop** (Chair), *Couples and sexual/reproductive health challenges*. Paper presented at the meeting of the National Council on Family Relations, virtual conference.
31. Linsky, E., Miller, M., & Shreffler, K. M. (2021, November). Implications of health-related sterilization for childless women and their partners. In **D. B. Allsop** (Chair), *Couples and sexual/reproductive health challenges*. Paper presented at the meeting of the National Council on Family Relations, virtual conference.
32. Leavitt, C. E., Leonhardt, N. D., Gurr, J. B., Clarke, R., & Busby, D. M. (2021, November). A sexual trifecta: A person based approach to the makings of orgasm consistency, relational satisfaction, and sexual satisfaction. In **D. B. Allsop** (Chair), *Couples and sexual/reproductive health challenges*. Paper presented at the meeting of the National Council on Family Relations, virtual conference.
33. **Allsop, D. B.**, Impett, E. A., Vannier, S. A., & Rosen, N. O. (2021, October). *Change in sexual concerns of new parents three to twelve months postpartum: A family systems approach*. Poster presented at the meeting of the Canadian Sex Research Forum, virtual conference.
34. Huberman, J. S., **Allsop, D. B.**, & Rosen, N. O. (2021, October). *Moving towards values: Associations between new mothers' sexual and relationship values and their sexual motivations in the transition to parenthood*. Paper presented at the meeting of the Canadian Sex Research Forum, virtual conference.

35. Raposo S., Vannier, S. A., Rosen, N. O., **Allsop, D. B.**, & Muise., A (2021, October). *Hanging on a moment: Savouring positive sexual experiences in relationships*. Paper presented at the meeting of the Canadian Sex Research Forum, virtual conference.
36. **Allsop, D. B.**, & Leavitt, C. E. (2021, August). *Empathy and sex: The moderating influence of empathy on the link between sexual and relational satisfaction*. Paper presented at the meeting of the International Association for Relationship Research, virtual conference.
37. **Allsop, D. B.**, Péloquin, K., Rossi, M. A., Bouzayen, R., & Rosen, N. O. (2021, July). *Variable sexual satisfaction and sexual distress among couples seeking treatment for infertility: A latent class analysis*. Paper presented at the International Academy of Sex Research, virtual conference.
38. Huberman, J. S., **Allsop, D. B.**, & Rosen, N. O. (2021, July). *Valuing sex as a new parent: Associations between sexual values and distress in women across the transition to parenthood*. Paper presented at the meeting of the International Academy of Sex Research, virtual conference.
39. **Allsop, D. B.**, Impett, E. A., Vannier, S. A., Rosen, N. O. (2021, April). *Should we be worried? Change in the sexual concerns of new parents from three to twelve months postpartum*. Paper presented at the meeting of the Society for Sex Therapy & Research, virtual conference.
40. **Allsop, D. B.**, Busby, D. M., James, S. L., Holmes, E. K., Yorgason, J. B. (2020, November). Newlywed relational satisfaction: Diverging trajectories and predictors. In R. W. Clarke (Chair), *Promoting relational and sexual wellness: Implications in individual and couple contexts*. Paper presented at the meeting of the National Council on Family Relations, virtual conference.
41. Leavitt, C. E., **Allsop, D. B.**, Gurr, J., Fawcett, E., Boden, J., Driggs, S., & Hawkins A. J. (November, 2020). *A couples' relationship education intervention comparing sexual mindfulness and trait mindfulness*. Poster presented at the meeting of the Mind and Life Institute, virtual conference.
42. Smedley, D. K., Leavitt, C. E., **Allsop, D. B.**, Nance, M., James, S. L., & Holmes, E. K. (November, 2020). *Mindfulness and sexual mindfulness as moderators between conflict resolution and sexual and relational satisfaction*. Poster presented at the meeting of the Mind and Life Institute, virtual conference.
43. Eyring, J. B., Leavitt, C. E., **Allsop, D. B.**, & Clancy, T. J. (November, 2020). *Forgiveness and gratitude: Links between couples' mindfulness and sexual and relational satisfaction*. Poster presented at the meeting of the Mind and Life Institute, virtual conference.
44. Graf, D., Tribe, M., Wendt, K., Leavitt, C. E., & **Allsop, D. B.** (2020, April). *The effects of mindfulness on anxiety and arousal*. Poster presented at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.

45. Bingham, A., Thorup, M., Winward, E., **Allsop, D. B.**, & Leavitt, C. E. (2020, April). *Mindful parenting and teaching kids about sex*. Poster presented at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.
46. Saxey, M. T., Lawlor, J. M., **Allsop, D. B.**, & Leavitt, C. E. (2020, April). *Empathy, sexual satisfaction, and relational satisfaction*. Poster presented at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.
47. Eyring, J. B., Clancy, T., Leavitt, C. E., & **Allsop, D. B.**, (2020, April). *Forgiveness and gratitude: Exploring the link between couples' mindfulness and satisfaction*. Poster presented at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.
48. **Allsop, D. B.**, Leavitt, C. E., Driggs, S., Clarke, R. W., Marks, L. D., & Dollahite, D. C. (2019, November). *Religion and sex: Family perspectives on the connection between sexual relations and religious faith*. Paper presented at the meeting of the Society for the Scientific Study of Sexuality (SSSS), Denver, CO.
49. Augustus, R., A., **Allsop, D. B.**, Kirchner, E. R., & Willoughby, B. (2019, November). *Sexual desire discrepancies and pornography use*. Paper presented at the meeting of the Society for the Scientific Study of Sexuality (SSSS), Denver, CO.
50. **Allsop, D. B.**, Leavitt, C. E., Timmons, J. E., & Carroll, J. S. (2019, June). *Sex and marital competencies: A more holistic view of sexual satisfaction*. Poster presented at the meeting of the International Association for Relationship Research, Ottawa, ON.
51. **Allsop, D. B.**, Leavitt, C. E., Timmons, J. E., & Carroll, J. S. (2019, April). *Marital competencies and sexual satisfaction: A more complete view*. Poster presented at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.
52. **Allsop, D. B.**, Leavitt, C. E., Driggs, S., Clarke, R., Marks, L. D., & Dollahite, D. C., (2019, March). *A qualitative investigation of religion and sexual belief and practice: Family perspectives*. Paper presentation at the meeting of the Utah Council on Family Relations, Orem, UT.
53. Leavitt, C. E., Dew, J. P., **Allsop, D. B.**, Runyan, S. D., & Hill, E. J., (2018, November). *Relational and sexual costs of materialism in couple relationships: An actor-partner longitudinal study*. Poster presentation at the meeting of the National Council on Family Relations, San Diego, CA.
54. **Allsop, D. B.**, Dew J. P., Wang, Chen-Yun, Holmes, E. K., & Hill, E. J. (2018, April). *Materialism and child well-being: The harmful role of materialism in parent-child relationships*. Poster presentation at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.

55. **Allsop, D. B.**, Jorgensen, B. L., & Runyan, S. D. (2018, March). *Developing financial vision: Perspectives on teaching children to visualize, prepare for, and invest in their financial future*. Paper presentation at the meeting of the Utah Council on Family Relations, Provo, UT.
56. **Allsop, D. B.**, Leavitt, C. E., Hill, E. J., LeBaron, A. B., & Bean, R. A. (2017, November). *Sex and money: Exploring how sexuality, finances and stressors influence marital stability for men and women*. Poster presentation at the meeting of the National Council on Family Relations, Orlando, FL.
57. LeBaron, A. B., Holmes, E. K., Hill, E. J., **Allsop, D. B.**, & Yorgason, J. B. (2017, September). *Feminism and couple finances: Power as a mediator between financial processes and relationship outcomes*. Paper presented at the meeting of Women in Academia, Provo, UT.
58. **Allsop, D. B.**, Hill, E. J., LeBaron, A. B., & Bean, R. A. (2017, April). *Sex and money: Exploring how sexual and financial stressors perceptions and resources influence marital instability for men and women*. Poster presentation at the meeting of the Mary Lou Fulton Mentored Student Research Conference, Provo, UT.
- Award: **Third Place Overall in Family Life Category**, Mary Lou Fulton Mentored Student Research Conference*
59. LeBaron, A. B., Hill, E. J., Holmes, E. K., **Allsop, D. B.**, & Bean, R. A. (2017, April). *Feminism and financial processes within marriage*. Poster presentation at the Brigham Young University Graduate Expo, Provo, UT.
60. **Allsop, D. B.**, Hill, E. J., LeBaron, A. B., & Bean, R. A. (2017, March). *Sex and money: Exploring how sexual and financial stressors perceptions and resources influence marital instability for men and women*. Paper presentation at the meeting of the Utah Council on Family Relations, Salt Lake City, UT.
61. **Allsop, D. B.**, (2017, September). *Forming financial futures: How you can best teach your children about finances*. Symposium given at the Meeting of the LDS Divorced Saints, Salt Lake City, UT.
62. Hill, E. J., LeBaron, A. B., Spencer, T. J., Rosa, C. M., Marks, L. D., & **Allsop, D.B.**, (2016, November). *Teaching children about money: Prospective parenting ideas from millennials*. Poster presentation at the meeting of the Brigham Young University Symposium on Family and Human Development, Provo, UT.

Course Instruction

2026 Spring (Current)

1. **Couples and Sexual Wellbeing—Capstone** (*Northern Arizona University*, PSY 490C), $N = 23$ students

Description: Explores the various kinds of thematic foci and essential skills in psychology. Drawing on past and concurrent coursework, the focus of this course will be in a selected area of a particular major field of study. Senior Capstone.

2. **Multivariate Statistics** (*Northern Arizona University*, PSY 626), $N = 9$ students

Description: Application of multivariate techniques to research.

3. **Advanced Research Experience** (*Northern Arizona University*, PSY 486C), $N = 1$ student

Description: Provides opportunities for advanced work in research with a faculty member to fulfill the Psychology Capstone requirement.

4. **Undergraduate Research** (*Northern Arizona University*, PSY 485), $N = 6$ students

Description: Original research under the supervision and approval of a research adviser.

5. **Graduate Research** (*Northern Arizona University*, PSY 685), $N = 2$ students

Description: Individualized directed research on selected topics. MA in Psychological Sciences program.

6. **Graduate Research** (*Northern Arizona University*, IH 685), $N = 1$ student

Description: Individualized directed research on selected topics. PhD in Interdisciplinary Health program.

2025 Fall

7. **Couples and Sexual Wellbeing** (*Northern Arizona University*, PSY 499), $N = 35$ students

Description: Examines recent trends and investigations in a selected area of a particular major field of study.

8. **Couples and Sexual Wellbeing—Honors** (*Northern Arizona University*, PSY 499H), $N = 1$ student

Description: Examines recent trends and investigations in a selected area.

9. **Advanced Research Experience** (*Northern Arizona University*, PSY 486C), $N = 1$ student

Description: Provides opportunities for advanced work in research with a faculty member to fulfill the Psychology Capstone requirement.

10. **Undergraduate Research** (*Northern Arizona University*, PSY 485), $N = 7$ students

Description: Original research under the supervision and approval of a research adviser.

11. Graduate Research (*Northern Arizona University, PSY 685*), $N = 1$ student

Description: Individualized directed research on selected topics. MA in Psychological Sciences program.

12. Graduate Research (*Northern Arizona University, IH 685*), $N = 1$ student

Description: Individualized directed research on selected topics. PhD in Interdisciplinary Health program.

2025 Summer**13. Research Methods in Psychology** (*Shanghai Normal University Tianhua College, PSY 290*), $N = 41$ students

Description: Research methods in psychology is designed to teach students about the research principles in psychological science with the primary goal of the course being to learn about and evaluate the processes and methods used to conduct psychological research. The focus of this course is on the consumption of psychological science. Students will be familiarized with scientific reasoning, basic research designs and methodology, historical and contemporary issues in research ethics, measurement, and application and interpretation of appropriate statistical tests. In addition, this course teaches basic writing skills for psychological research as well as critical thinking skills. The skills you obtain during this course will prepare you for advance coursework in psychology.

2025 Spring**14. Structural Equation Modeling** (*Northern Arizona University, PSY 667*), $N = 12$ students

Description: This course provides an overview of advanced analytic techniques for psychological data. It explores quantitative and/or qualitative methodological approaches to a research problem. It examines, applies, and evaluates statistical and/or other data analytic techniques including best practices in statistical and analytical procedures and reporting.

15. Couples and Sexual Wellbeing (*Northern Arizona University, PSY 499*), $N = 34$ students

Description: Examines recent trends and investigations in a selected area of a particular major field of study.

16. Undergraduate Research (*Northern Arizona University, PSY 485*), $N = 6$ students

Description: Original research under the supervision and approval of a research adviser.

17. Graduate Research (*Northern Arizona University, PSY 685*), $N = 1$ student

Description: Individualized directed research on selected topics.

2024 Fall

18. Couples and Sexual Wellbeing (*Northern Arizona University, PSY 499*), $N = 17$ students

Description: Examines recent trends and investigations in a selected area of a particular major field of study.

2022 Summer**19. Abnormal Behaviour** (*Dalhousie University, PSYO 2220*), $N = 46$ students

Description: This course provides an introduction to adult psychopathology. Diagnostic criteria and evidence on etiology and treatment of the major mental health disorders within adulthood are discussed. Historical, social, cultural, and contextual aspects of adult psychopathology are examined and current research in the field is highlighted.

2021 Summer**20. Critical Inquiry and Research Methods** (*Brigham Young University, SFL 290*), $N = 37$ students

Description: Philosophies of critical inquiry. Principles of designing, conducting, and reporting social science investigations.

Teaching Assistantships

1. **Statistical Methods II** (*Department of Psychology and Neuroscience, Dalhousie University, PSYO 3502*), $N = 42$ undergraduate students, Fall 2021.
2. **Methods in Experimental Psychology** (*Department of Psychology and Neuroscience, Dalhousie University, PSYO 2000*), $N = 25$ undergraduate students, Fall 2020.

Invited Guest Lectures and Guest Workshops

1. **Allsop, D. B.** (2023, December). *Modeling intensive longitudinal data from couples' daily diaries using dynamic structural equation modeling*. Invited guest methods workshop presented at Dalhousie University, Halifax, NS. $N = 23$ undergraduate and graduate students, postdoctoral fellows, and faculty.
2. **Allsop, D. B.** (2023, June). *Marriage and Finances*. Invited guest lecture presented in the undergraduate family finance course at Brigham Young University, Provo, UT. $N = 50$ undergraduate students.
3. **Allsop, D. B.** (2022, December). *How to perform latent growth curve modeling in R*. Invited guest lecture presented at graduate multivariate methods course at Dalhousie University, Halifax, NS. $N = 7$ graduate students.

4. **Allsop, D. B.** (2022, November). *An introduction to latent growth curves*. Invited guest lecture presented at graduate multivariate methods course at Dalhousie University, Halifax, NS. $N = 7$ graduate students.
5. **Allsop, D. B.** (2020, November). *I've got the power! Dyadic power analysis in Mplus using the Monte Carlo simulation*. Invited guest methods workshop presented at Dalhousie University, Halifax, NS. $N = 15$ undergraduate and graduate students and postdoctoral fellows.

Mentorship

* Indicates current student

Director, Sexual Well-being in Family Transitions Lab (2024–Present)

*Department of Psychological Sciences
Northern Arizona University*

Graduate Students

Celsey Selland*
Belén Rogowski*

Juliana Herrera-Arias*
Veronica Rivas*

Undergraduate Students

Mariela Galindo*
Carly Miller*
Isabel Varela*
Ameera Asse*
Isabella Scott*
Erin Smidt*
Isabella Thompson*
Emily Chalmers*
Charlie Loungarikis*

Aleksia Sandvig*
Mariah Gonzales*
Tyler O'Masta*
Macquenzie Powell
(2024–2025)
Adrienne Wilder (2024–2025)
Emily Aragon (2024–2025)

Supervisor, Advanced Research Experience (2026)

*Department of Psychological Sciences
Northern Arizona University*

Carly Miller

Project: A systematic scoping review of autonomy and differentiation of self and sexual well-being

Supervisor, Advanced Research Experience (2025)

*Department of Psychological Sciences
Northern Arizona University*

Adrienne Wilder

Project: Links between differentiation of self and sexual and relationship quality and sexual desire among couples

Co-supervisor, Honors (2021–2022)

*Department of Psychology and Neuroscience
Dalhousie University*

Brenna Bagnell

Honors Thesis: Perinatal grief as a mediator between religiosity and sexual satisfaction among couples who have experienced pregnancy loss

Co-supervisor, Independent Research (2021–2022)

*Department of Psychology and Neuroscience
Dalhousie University*

Eva Cohen

Independent Research Project: A dyadic comparison of sexual desire and sexual satisfaction between those who have experienced pregnancy loss and those who have not

Supervisor, Acknowledging Loss Outcomes and Experiences Study Research Team (2021–2023)

Dalhousie University

Lucy Coady

Sundus Saqib

Emily Olsen

Jared Kay

Enrique Riveroll

Erika Dorey

KJ Goruk

Laurie Beauvilliers

Maria Belen Field Lira

Kathleen Nesbitt-Daly

Brenna Bagnell

Eva Cohen

Thesis Committees

2024–2026

Hannah McEntarffer (**Thesis Committee Member**), *Master of Arts in Psychological Sciences*, Northern Arizona University, Prevalence of Sexual Victimization on College Students' State Attachment Patterns

Elise Lambert (**Thesis Committee Member**), *Master of Arts in Psychological Sciences*, Northern Arizona University, The Effect of Mindset on Safer Sex Following the Induction of Hypocrisy

Veronica Rivas (**Thesis Committee Member**), *Master of Arts in Psychological Sciences*, Northern Arizona University

Institutional Service

Scholarship, Research, and Creative Activities Taskforce
2025–Present

Committee Member
College of Social and Behavioral Sciences
Northern Arizona University, Flagstaff, AZ

Graduate Committee
2024–Present

Committee Member
Department of Psychological Sciences
Northern Arizona University, Flagstaff, AZ

Social and Colloquium Committee
2021–2023

Committee Member, 2021–2023
Department of Psychology and Neuroscience
Dalhousie University, Halifax, NS

In-House Conference Committee
2020–2021

Committee Member
Department of Psychology and Neuroscience
Dalhousie University, Halifax, NS

Professional Reviewing

Ad Hoc Journal Reviewer ($N = 30$)

Abnormal Psychology (n manuscripts = 1)

Archives of Sexual Behavior (n manuscripts = 4, n revisions = 3)

Family Process (n manuscripts = 1, n revisions = 1)

Financial Planning Review (n manuscripts = 1)

Journal of Family and Economic Issues (n manuscripts = 1)

Journal of Marriage and Family (n manuscripts = 1)

Journal of Sex & Marital Therapy (n manuscripts = 2)

Journal of Social and Personal Relationships (n manuscripts = 5, n revisions = 2)

Marriage and Family Review (n manuscripts = 1)

Personal Relationships (n manuscripts = 1)

Qualitative Health Research (n manuscripts = 2)

The Journal of Sex Research (n manuscripts = 1, n revisions = 1)

The Journal of Sexual Medicine (n manuscripts = 6)

The Journal of Obstetrics and Gynaecology Research (n manuscripts = 1)

Conference Proposal Reviewer ($N = 9$)

Annual Meeting of the National Council on Family Relations (2021: $n = 4$; 2023: $n = 5$)

Professional Memberships

Current Memberships

Society for Sex Therapy and Research (SSTAR), *Early Career Professional Member*

Canadian Sex Research Forum (CSRF), *Associate Member*

National Council on Family Relations (NCFR), *New Professional Member*

Previous Memberships

Society for the Scientific Study of Sexuality (SSSS), *Student Member*

International Association for Relationship Research (IARR), *Student Member*

International Academy of Sex Research (IASR), *Student Member*

Program Development

Allsop, D. B., Crawford, S., Garrett, E., Topham, H., Unrau, S. (2018). *The sexual mythbusters: A marital enhancement program designed to help improve marital sexual relationships*. Provo, UT. (Program developed equally by all co-founders)

Program Description: The goal of The Sexual Mythbusters program is to improve sexual relationships in marriage through helping couples learn facts and skills related to healthy and satisfying sexual relationships. I was one of the principal founders of this research based, family life education program.

Administration Summary: I co-facilitated the first instance of this curriculum which was administered to 30+ community members in Provo, Utah. The program was deemed successful based on post workshop surveys where 90% of participants surveyed indicated improvement in communicating their sexual needs and wants to a partner, understanding their partner's sexual physiology, and having access to resources on healthy sexuality.

Public Scholarship Articles

Students (co-)supervised are underlined

1. Asse, A., Scott, I., Herrera-Arias, J., & Allsop, D. B. (2026). How pregnancy loss shapes couples' sexual lives: Results from a qualitative study. *DavidBallsop.com*. <https://www.davidballsop.com/how-pregnancy-loss-shapes-couples-sexual-lives-results-from-a-qualitative>
2. Asse, A., Scott, I., Herrera-Arias, J., & Allsop, D. B. (2026). How do beliefs about sexual challenges influence the coping strategies couples use during medically assisted reproduction? *DavidBallsop.com*. <https://www.davidballsop.com/how-do-beliefs-about-sexual-challenges-influence-the-coping>
3. Miller, C. R., Wilder, A. O., Selland, C. G., & Allsop, D. B. (2025). What does the loss of a pregnancy mean for sexual well-being? Improvements and stability in sexual outcomes over time. *DavidBallsop.com*. <https://www.davidballsop.com/what-does-the-loss-of-a-pregnancy-mean-for-sexual-well-being-improvements>
4. Allsop, D. B. (2024) What does a pregnancy loss mean for sex? *NatalieORosen.com*. <https://natalieorosen.com/what-does-a-pregnancy-loss-mean-for-sex/>
5. Coady, L., & Allsop, D. B. (2023) Let's talk about cost, baby! Perceived financial burden, quality of life, sexual well-being in couples seeking medically assisted reproduction. *NatalieORosen.com*. <https://natalieorosen.com/lets-talk-about-cost-baby-perceived-financial-burden-quality-of-life-sexual-well-being-in-couples-seeking-medically-assisted-reproduction/>
6. Allsop, D. B. (2023) I'm worried, are you?: How sexual concerns of new parents change over time. *NatalieORosen.com*. <https://natalieorosen.com/how-sexual-concerns-of-new-parents-change-over-time/>
7. Rosen, N. O., & Allsop, D. B. (2022) How Midwives Can Support Couples After Pregnancy Loss. *Maternity & Midwifery Forum*. <https://www.maternityandmidwifery.co.uk/how-midwives-can-support-couples-after-pregnancy-loss/>

8. Rosen, N. O., & **Allsop, D. B.** (2022) Coping after pregnancy loss: Tips for healing and information about a new study. *Modernmomprobs.com*. <https://modernmomprobs.com/coping-after-pregnancy-loss-tips-for-healing-and-information-about-a-new-study/>
9. **Allsop, D. B.** (2021) Depressed and distressed? Changes in new parents' depressive symptoms and sexual concerns over time. *NatalieORosen.com*. <https://natalieorosen.com/changes-in-new-parents-depressive-symptoms-and-sexual-concerns/>
10. Saxey, M. T., & **Allsop, D. B.** (2021) What does conflict resolution have to do with sexual satisfaction in Marriage? *Institute for Family Studies*. <https://ifstudies.org/blog/what-does-conflict-resolution-have-to-do-with-sexual-satisfaction-in-marriage>
11. **Allsop, D. B.** (2020). How do my partner and I adapt to changes to sex during pregnancy? *ChelomLeavitt.com*. <https://www.chelomLeavitt.com/how-do-my-partner-and-i-adapt-to-changes-to-sex-during-pregnancy/>
12. **Allsop, D. B.** (2018). Purchasing in partnerships: Financial keys to a more merry marriage. *Forever Families, Brigham Young University*. <https://foreverfamilies.byu.edu/purchasing-in-partnerships-financial-keys-to-a-more-merry-marriage>

Known Media Coverage

Podcast Interviews

- Betito, L. (Host). (2022) Impact of pregnancy loss on intimacy and relationships. In *The Passion Podcast with Dr. Laurie*. Dr. Laurie Betito. <https://soundcloud.com/laurie-betito/impact-of-pregnancy-loss-on-intimacy-and-relationships>
- Pelkey, A. (Host). (2022) Sex after pregnancy loss (No. 23). In *Pause to Remember*. Amy Pelkey, LLC. <https://pausetoremember.buzzsprout.com/2326883/14647901-23-sex-after-pregnancy-loss-with-david-allsop-ms-cfle-cnp>

Articles

- SMSNA Staff (2024). How Sexual Well-Being and Grief Change Over Time After Pregnancy Loss. *Sexual Medicine Society of North America for Patients*. <https://www.smsna.org/patients/news/how-sexual-well-being-and-grief-change-over-time-after-pregnancy-loss>
- Huff, C. (2024). The hidden grief of miscarriage. *Monitor on Psychology*. <https://www.apa.org/monitor/2024/06/hidden-grief-miscarriage>

Dolan, E. W. (2022) Differentiation of self predicts changes in sexual desire among married couples, study finds. *PsyPost*. <https://www.psypost.org/2022/04/differentiation-of-self-predicts-changes-in-sexual-desire-among-married-couples-study-finds-63005>

Murray, S. H. (2021) What leads to sexual (dis)satisfaction during pregnancy? *Psychology Today*. <https://www.psychologytoday.com/ca/blog/myths-desire/202112/what-leads-sexual-dissatisfaction-during-pregnancy>

Dolan, E. W. (2021) Sexually satisfied married couples tend to have better conflict resolution ability, be more forgiving, and be more securely attached? *PsyPost*. <https://www.psypost.org/2021/07/sexually-satisfied-married-couples-tend-to-have-better-conflict-resolution-ability-be-more-forgiving-and-be-more-securely-attached-61569>

Ellwood, B. (2021) Mindfulness can enhance marital relationships by improving one's capacity for forgiveness and gratitude, study suggests? *PsyPost*. <https://www.psypost.org/2021/05/mindfulness-can-enhance-marital-relationships-by-improving-ones-capacity-for-forgiveness-and-gratitude-study-suggests-60661>

Dolan, E. W. (2021) Longitudinal study shows how emotional control influences couple's sexual and relationship outcomes? *PsyPost*. <https://www.psypost.org/2021/01/longitudinal-study-shows-how-emotional-control-influences-couples-sexual-and-relationship-outcomes-59406>

Family Life Education Proficiencies

Strengthening Families Program

Certified 2017, Orem, UT

**Prevention and Relationship
Enhancement Program (PREP)**

Trained 2018, Provo, UT

Professional Development

Machine Learning

Workshop

August, 2025

CenterStat

Virtual Workshop

University Teaching and Learning

Conference—*Theme: Blended Teaching for
Engaged Learning*

May, 2022

Dalhousie University

Virtual Workshop

Territorial Acknowledgment

Workshop

November, 2021

Nahane Creative

Virtual Workshop

Intensive Longitudinal Methods
Workshop
 June, 2021

CenterStat
 Virtual Workshop

Patient Oriented Research
Workshop
 March, 2021

Maritime SPOR Support Unit
 Virtual Workshop

**Longitudinal Structural Equation
 Modeling**
Workshop
 June, 2017

Brigham Young University School of Family
 Life
 Sundance, Utah

Technical Program Proficiencies

R	Statistical Analysis and Data Manipulation Path Modeling and Structural Equation Modeling
Mplus	Path Modeling and Structural Equation Modeling
SPSS	Statistical Analysis and Data Manipulation
Stata	Statistical Analysis and Data Manipulation
AMOS	Path Modeling and Structural Equation Modeling
NVivo	Qualitative Data Analysis

Certifications

1. **Certified Family Life Educator**, National Council on Family Relations (2019, recertified 2025)

Credential Summary: The CFLE distinction is awarded to practitioners who have engaged in 3,200 hours of work-based, family life education and who demonstrate competence in 10 different content areas. The ten areas include: families and individuals in societal contexts; internal dynamics of families; human growth and development across the lifespan; human sexuality; interpersonal relationships; family resource management; parent education and guidance; family law and public policy; professional ethics and practice; and family life education methodology.

2. **Certified Nonprofit Professional**, Nonprofit Leadership Alliance (2019)

Credential Summary: The CNP distinction is awarded to professionals who have engaged in 300 hours of work in the nonprofit sector and who demonstrate competence in 5 professional areas. The five areas include: communication, marketing and public relations; cultural competency and diversity; financial resource development and management; foundations and management of the nonprofit sector; and future of the nonprofit sector.